

Claude

by Anthropic

Same three moves, new tool.

1 Open it

1. In any browser: `claude.ai`. The app: App Store or Google Play → **Claude by Anthropic**.
2. **Sign in** with an email address or a Google account — there is no try-it-without-an-account.
3. **Don't create an account under a clock**. No account? Use the tool you already have today; make one at home.

2 Flip the privacy switch (once)

1. At sign-up Claude **asks you** whether your chats may be used to improve it. You can say no.
2. Later: your **initial** → **Settings** → **Privacy** → **Help improve our AI models** → **Off**.
3. **It remembers now** — notes across chats. Read, edit or pause: **Settings** → **Capabilities** → **Memory**. Incognito chats stay out of both.

Free plan: type, talk, show it a photo, web search; usage refreshes every five hours. Checked against Anthropic's help and pricing pages, Oct 18, 2026.

3 Type · Talk · Show



Type

Ask it in plain English, like a friend.



Talk

Tap the microphone and just say it. Then: "Put that more simply."



Show

Tap + or the camera. Photograph it and ask: "What is this?"

The one rule: cover your numbers. Before you photograph or paste anything — account numbers, ID numbers, dates of birth. It never needs them to help you.

Trust it for words. Check it for facts.

Every step, every link, every handout: safeai4seniors.com/start — all one word, with the number 4.

