

The Never-Ever List

Treat a public AI box like a public postcard. Keep these completely out of it:



Social Security, passport, or driver's license details



Medicare or insurance account numbers



Credit-card PINs or bank routing numbers



Passwords, security answers, or login codes



Photos of bills, IDs, or prescriptions



**If you wouldn't write it
on a postcard...**

*...don't type it into the
box.*



WEEK 4 · GRADUATION DAY

You Are in Charge



Lock the deadbolt

Stick to well-known apps and turn off chat-history tracking.



Your script box

Fill out your take-home safety card and post it by your screen.



The final word

AI works for you — not the other way around.

“Useful AI · minimal exposure · human verification.”